

## Requisition Letter

From

Mrs. S. Hemalatha, Co-Ordinator of YRC,  
Department of S&H,  
SSM Institute of Engineering and Technology,  
Dindigul.

To

The Principal,  
SSM Institute of Engineering and Technology,  
Dindigul.

Respected Sir,

Sub: Requisition of First aid training awareness programme to nearby school on 29.09.2022 -reg.

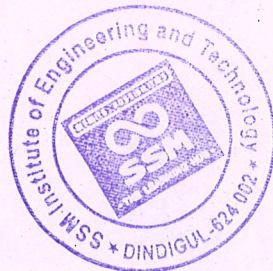
As the Coordinator of YRC, I request your permission to conduct a First aid training awareness programme in the nearby school. Student's participation is encouraged to create a way to lead a healthy and better life. Student's participation in this program is not only a contribution to the environment but also to develop the life-saving skill.

Thank you.

School name: Anguvilas Hr. Sec. School, Angunagar, Dindigul.

Date: 25.09.22

Place: Dindigul.



**Program Co - Ordinator:**

Mrs. S. Hemalatha, AP/ Mathematics

Yours faithfully,

**Principal**

**Dr. D. SENTHIL KUMARAN, M.E., Ph.D., (NUS)**

**Principal**

SSM Institute of Engineering and Technology  
Kuttathupatti Village, Sindalagundu (Po),  
Palam Road, Dindigul - 624 002.





## SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Dindigul-Palani Highway, Dindigul - 624 002.

### First aid awareness programme

**Date: 29.09.2022**

**Venue: Class room**

First Aid Awareness is an immediate medical assistance given to accident or indisposed victims before the arrival of a qualified emergency medical service. This programme makes students understand the difference between life and death and facilitates to minimize the sufferings of injured. It trains individuals to provide immediate preliminary medical help to patients before first aid help arrives at the scene.

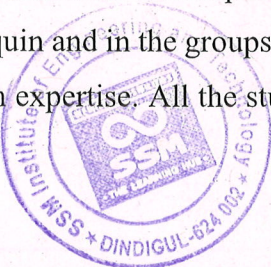
#### Expected Outcome:

1. Trainees to be introduced to basic life support, retaining fundamental theoretical knowledge.
2. Trainees to be confident in practical and technical skills when providing basic life support.

First Aid Awareness programme was conducted by the YRC Co-Ordinator, Mrs. S. Hemalatha of SSMIET at Anguvilas Hr. Sec. School, Angunagar, Dindigul on 29.09.2022. from 10.00am to 12.00pm. The programme was started formally by YRC coordinator S. Hemalatha, AP / Maths, of SSM Institute of Engineering and Technology. The IX standard school students (25 students) participated in this programme.

The first sessions were started at 10.10 am in the class room with introductory session by Dr. Lakshmi K, President of Dindigul Society of Anaesthesiologists. She initiated the session on the objectives of the topic of first aid followed by the role of the first aider and the procedures for incident management. In life-saving skill, she demonstrated the first aid treatment which should be followed during the bite of dog, snake and scorpion. She also demonstrated DRABC (Danger Response Airway Breathing and Circulation) procedure.

Later on, all the students were divided into 3 groups for hands-on training and mock drilling of the situation. Participants were initially demonstrated about life support skills over mannequin and in the groups of people were made to perform their skills in front of instructors to attain expertise. All the students were enthusiastically performed their skills and were very



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interactive in learning and clearing their doubts. All the students were satisfied and thrilled in knowing and learning new modality of life support in event of any disaster which they will be coming across in their duties.

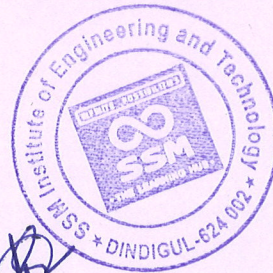
The students learned the basics of resuscitation like chest compressions, adult and infant breaths, management of choking in adults and infants etc. Realistic simulations were focused on the following key concepts: proficiency in recognizing and initiating early management of periarrest conditions, of choking and the supportive care, identifying and treating, recognizing other life-threatening clinical situations such as cardiac arrest and providing initial care. All the students thanked the doctor for giving them opportunity to learn this new skill.

The Second sessions were started at 11.20 am in the class room with basics of first aid by Mr. M. Syed Abuthahir, Red Cross District Secretary, Dindigul. He encouraged the students to take a pledge along with him to keep the campus clean and green. Also, in his address, he said that the skill on first aid is very essential for the physical education teachers as there are sports related injuries occur in colleges and thanked for organizing the programme. He gave a crisp speech emphasizing the following points.

- The sessions focused on the basics of first aid, and how to provide first aid in wounds, bleeding, musculoskeletal injury, burns, heatstroke, poisoning, bites, drowning, fainting, seizures and unconsciousness. All students had hands-on experience of dressing the wound, applying different types of bandages, splinting the injured body part, providing cardiopulmonary resuscitation, and transferring the victim.
- There was active participation by all the students and they expressed that the programme will be very useful for them to meet the emergencies.

YRC coordinator Mrs.S. Hemalatha, AP / Maths, of SSM Institute of Engineering and Technology, proposed vote of thanks and concluded the program.

Program Co-ordinator:  
Mrs. S. Hemalatha, AP/Maths



  
**PRINCIPAL**  
Dr.D.SENTHIL KUMARAN, M.E., Ph.D., (NUS)  
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## SSM INSTITUTE OF ENGINEERING AND TECHNOLOGY

Dindigul – Palani Highway, Dindigul – 624 002.

### Participants List (IX Standard)

| Sl.No | Name              | Signature       |
|-------|-------------------|-----------------|
| 1     | MADHAVAN.R        | Madhavan.R      |
| 2     | MAHENDRAN.S       | Mahendran.S     |
| 3     | MATHAN.M(01/6/97) | Mathan.M        |
| 4     | MATHAN.M(16/5/97) | A. Mathan.M     |
| 5     | MATHU RICHARD.A   | A. Mathurichard |
| 6     | MOHAMED SHEIK.A   | A. Mathurichard |
| 7     | MUTHU KUMAR.A     | A. Muthukumar   |
| 8     | MUTHU PRAKASH.S   | S. Muthuprakash |
| 9     | NAGAJOTHI.M       | M. Nagajothi    |
| 10    | NANDHA KUMAR.V    | V. Nandhakumar  |
| 11    | NANTHA KUMAR.C    | Nanthakumar.C   |
| 12    | NIVASH.D          | Nivash.D        |
| 13    | NIZAMUDEEN.S      | Nizamudeen.S    |
| 14    | PANDIARAJ.P       | Pandiaraj.P     |
| 15    | PANDIARAJA. M     | Pandiaraja.M    |
| 16    | PANDIYARAJAN.R    | Pandiyarajan.R  |
| 17    | PARTHIBAN.M       | Parthiban.M     |
| 18    | PERUMALSAMY.C     | Perumalsamy.C   |
| 19    | POOVARAJAN.K      | Poovarajan.K    |
| 20    | PRAKASH RAJ.G     | Prakashraj.G    |
| 21    | PRASANNA.P        | Prasanna.P      |
| 22    | PRASHANTH.T       | Prashanth.T     |
| 23    | PRITHVI RAJA.N    | Prithviraja.N   |
| 24    | RAJA.B            | Raja.B          |
| 25    | RAJESHWARAN.G     | Rajeshwaran.G   |



**First aid training awareness programme**



*D.S.K.*



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**Anguvilas Hr. Sec. School students participated in the  
First aid training awareness programme**

*Dr. D. Senthil Kumaran*

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